

African Powerlifting Federation Record Certificate

This is to certify that

Karim Barkouk

Of the nation

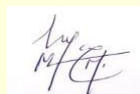
Algeria

On the 20th day on October 2018,
achieved a Squat of 160,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2018 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -59kg weight division, Classic Men's Sub-Junior class.
Dated this 18th day of November 2018



APF President, Moussa Messaour



APF Sec General, Mohamed Elmamoun



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Hicham Bencheikh

Of the nation

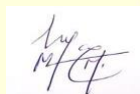
Algeria

On the 20th day on October 2018,
achieved a Squat of 188kg in accordance
with the rules of the
International Powerlifting Federation
at the 2018 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -74kg weight division, Classic Men's Sub-Junior class.
Dated this 18th day of November 2018



APF President, Moussa Messaour



APF Sec General, Mohamed Elmamoun



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Hicham Bencheikh

Of the nation

Algeria

On the 20th day on October 2018,
achieved a Deadlift of 218kg in accordance
with the rules of the
International Powerlifting Federation
at the 2018 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -74kg weight division, Classic Men's Sub-Junior class.
Dated this 18th day of November 2018



APF President, Moussa Messaour



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APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Hicham Bencheikh

Of the nation

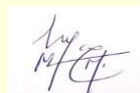
Algeria

On the 20th day on October 2018,
achieved a Total of 511kg in accordance
with the rules of the
International Powerlifting Federation
at the 2018 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -74kg weight division, Classic Men's Sub-Junior class.
Dated this 18th day of November 2018



APF President, Moussa Messaour



APF Sec General, Mohamed Elmamoun



APF Record Keeper, Heather Leighton

African Powerlifting Federation Record Certificate

This is to certify that

Hussain M Hussain Fidan

Of the nation

Libya


On the 20th day on October 2018,
achieved a Squat of 325kg in accordance
with the rules of the
International Powerlifting Federation
at the 2018 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the 120+kg weight division, Classic Men's Junior class.

Dated this 18th day of November 2018



APF President, Moussa Messaour



APF Sec General, Mohamed Elmamoun



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Ahmed Al Darwge

Of the nation

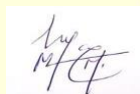
Libya

On the 20th day on October 2018,
achieved a Deadlift of 250kg in accordance
with the rules of the
International Powerlifting Federation
at the 2018 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -66kg weight division, Classic Men's Junior class.
Dated this 18th day of November 2018



APF President, Moussa Messaour



APF Sec General, Mohamed Elmamoun



APF Record Keeper, Heather Leighton

African Powerlifting Federation Record Certificate

This is to certify that

Hussain M Hussain Fidan

Of the nation

Libya

On the 20th day on October 2018,
achieved a Deadlift of 330kg in accordance
with the rules of the
International Powerlifting Federation
at the 2018 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the 120+kg weight division, Classic Men's Junior class.
Dated this 18th day of November 2018



APF President, Moussa Messaour



APF Sec General, Mohamed Elmamoun



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Ahmed Al Darwge

Of the nation

Libya

On the 20th day on October 2018,
achieved a Total of 570kg in accordance
with the rules of the
International Powerlifting Federation
at the 2018 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -66kg weight division, Classic Men's Junior class.
Dated this 18th day of November 2018



APF President, Moussa Messaour



APF Sec General, Mohamed Elmamoun



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Hussain M Hussain Fidan

Of the nation

Libya

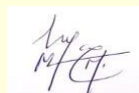
On the 20th day on October 2018,
achieved a Total of 815kg in accordance
with the rules of the
International Powerlifting Federation
at the 2018 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the 120+kg weight division, Classic Men's Junior class.

Dated this 18th day of November 2018



APF President, Moussa Messaour



APF Sec General, Mohamed Elmamoun



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Colin Young

Of the nation

South Africa

On the 20th day on October 2018,
achieved a Bench Press of 166kg in accordance

with the rules of the

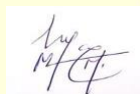
International Powerlifting Federation

at the 2018 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -105kg weight division, Classic Master 3 Bench Press only class.
Dated this 18th day of November 2018



APF President, Moussa Messaour



APF Sec General, Mohamed Elmamoun



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Colin Young

Of the nation

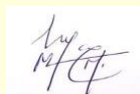
South Africa

On the 20th day on October 2018,
achieved a Bench Press of 166kg in accordance
with the rules of the
International Powerlifting Federation
at the 2018 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -105kg weight division, Classic Men's Master 3 class.
Dated this 18th day of November 2018



APF President, Moussa Messaour



APF Sec General, Mohamed Elmamoun



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Colin Young

Of the nation

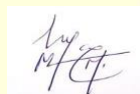
South Africa

On the 20th day on October 2018,
achieved a Bench Press of 166kg in accordance
with the rules of the
International Powerlifting Federation
at the 2018 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -105kg weight division, Classic Men's Master 2 class.
Dated this 18th day of November 2018



APF President, Moussa Messaour



APF Sec General, Mohamed Elmamoun



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Mohammed Lakehal

Of the nation

Algeria

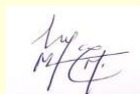
On the 20th day on October 2018,
achieved a Squat of 228kg in accordance
with the rules of the
International Powerlifting Federation
at the 2018 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -59kg weight division, Classic Men's Open class.

Dated this 18th day of November 2018



APF President, Moussa Messaour



APF Sec General, Mohamed Elmamoun



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Mohammed Sahad

Of the nation

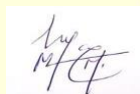
Algeria

On the 20th day on October 2018,
achieved a Squat of 300kg in accordance
with the rules of the
International Powerlifting Federation
at the 2018 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -105kg weight division, Classic Men's Open class.
Dated this 18th day of November 2018



APF President, Moussa Messaour



APF Sec General, Mohamed Elmamoun



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Ebenezer Amraah

Of the nation


Ghana

On the 20th day on October 2018,
achieved a Squat of 355kg in accordance
with the rules of the
International Powerlifting Federation
at the 2018 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the 120+kg weight division, Classic Men's Open class.
Dated this 18th day of November 2018



APF President, Moussa Messaour



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APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Carol Anthony

Of the nation

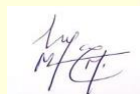
South Africa

On the 20th day on October 2018,
achieved a Deadlift of 127,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2018 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -52kg weight division, Classic Women's Master 2 class.
Dated this 18th day of November 2018



APF President, Moussa Messaour



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APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Vicki Botha

Of the nation

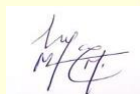
South Africa

On the 20th day on October 2018,
achieved a Squat of 130kg in accordance
with the rules of the
International Powerlifting Federation
at the 2018 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -57kg weight division, Classic Women's Master 1 class.
Dated this 18th day of November 2018



APF President, Moussa Messaour



APF Sec General, Mohamed Elmamoun



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Safia Kouri

Of the nation

Algeria

On the 20th day on October 2018,
achieved a Squat of 163kg in accordance
with the rules of the
International Powerlifting Federation
at the 2018 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -63kg weight division, Classic Women's Master 1 class.
Dated this 18th day of November 2018



APF President, Moussa Messaour



APF Sec General, Mohamed Elmamoun



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Vicki Botha

Of the nation

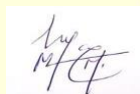
South Africa

On the 20th day on October 2018,
achieved a Deadlift of 160kg in accordance
with the rules of the
International Powerlifting Federation
at the 2018 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -57kg weight division, Classic Women's Master 1 class.
Dated this 18th day of November 2018



APF President, Moussa Messaour



APF Sec General, Mohamed Elmamoun



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Safia Kouri

Of the nation

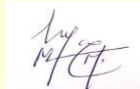
Algeria

On the 20th day on October 2018,
achieved a Deadlift of 180kg in accordance
with the rules of the
International Powerlifting Federation
at the 2018 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -63kg weight division, Classic Women's Master 1 class.
Dated this 18th day of November 2018



APF President, Moussa Messaour



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APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Vicki Botha

Of the nation

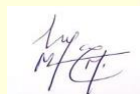
South Africa

On the 20th day on October 2018,
achieved a Total of 365kg in accordance
with the rules of the
International Powerlifting Federation
at the 2018 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -57kg weight division, Classic Women's Master 1 class.
Dated this 18th day of November 2018



APF President, Moussa Messaour



APF Sec General, Mohamed Elmamoun



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

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Safia Kouri

Of the nation

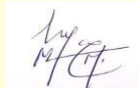
Algeria

On the 20th day on October 2018,
achieved a Total of 415,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2018 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -63kg weight division, Classic Women's Master 1 class.
Dated this 18th day of November 2018



APF President, Moussa Messaour



APF Sec General, Mohamed Elmamoun



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African Powerlifting Federation Record Certificate

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Safia Kouri

Of the nation

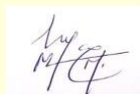
Algeria

On the 20th day on October 2018,
achieved a Squat of 163kg in accordance
with the rules of the
International Powerlifting Federation
at the 2018 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -63kg weight division, Classic Women's Open class.
Dated this 18th day of November 2018



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African Powerlifting Federation

